

ACTIVITY #4

GO CANADA GO

Materials Needed:

- “It’s Hard Not To Stare”
- computer with link to Parapan Am Sport Program
<http://www.toronto2015.org/sport#ParaSport>
- blank post cards for Olympians
- names and addresses of Parapan Am athletics on labels
- sample postcard with drawing and 2-3 sentences of encouragement

Instructions:

- Turn to page 18. Discuss what sport the boys are playing. What changes to the sport do they notice?
- Discuss the difference between Parapan Am and Pan Am Games.
- Explore the website above, looking at the different sports and talking about the accommodations that have been made for the athletes, i.e. sitting volleyball versus “standing volleyball.”
- Looking at the list of sports, count how many Pan Am Sports versus how many Parapan Am sports there are (drop down list from SPORT).
- Ask students for ideas of how to accommodate some of the other sports to make them accessible for Parapan Am athletes, i.e. bowling, baseball.
- Use relevant video clips of Canadian Parapan Am athletes, chosen closer to the games, discuss personal story of athlete.

Conclusion:

- Using the postcards provided, assist students in choosing and putting on the label for the athlete to whom they want to write.
- Discuss what would be encouraging for athletes, assist with brainstorming a list of words and ideas.
- Show sample postcard for idea.
- Have students write and send encouraging postcards to athletes.