

Uncomfortable Emotion Words

bugged	worried	lost
uncomfortable	unhappy	mad
shy	grumpy	afraid
annoyed	small	sorry
irritated	empty	angry
uneasy	unsafe	frightened
mean	embarrassed	ashamed
tense	ashamed	fearful
weird	disappointed	lonely
rotten	hurt	frustrated
anxious	scared	hopeless
confused	helpless	discouraged
sad	terrified	awful
anxious	unloved	miserable
depressed		crushed